BAKE CORP

K-12 RECIPE

# **KOLACHE**

SMOKED SAUSAGE WITH CHEESE BAKED INTO A SOFT, WHOLE GRAIN SWEET ROLL

CHICKEN, BEEF WITH CHEESE • 4 OZ. 2-M/M 2-GRAIN



#### KNOCKWURST BULK OR INDIVIDUALLY WRAPPED

ITEM: 40114 (Bulk) / 40115 (IW)

SIZE: 4 oz

PACK: 40 count

CASE WT: 10 LBS

PALLET TIE: Tie 14, High 7

CASE DIMS: 14" x 10" x 8"

CASE CUBE: 0.865

SHELF LIFE: 365 days, frozen

## **HEATING INSTRUCTIONS**

#### **MICROWAVE**

For best results, do not thaw.

- 1. Remove frozen kolache from wrapper.
- 2. for 1 Kolache, Microwave on high for 30 seconds. Add 30 seconds for each additional.

Microwaves vary, adjust acordingly.

# **OVEN**

- 1. Refrigerate overnight to thaw.
- 2. Preheat oven to 325 degrees f.
- 3. Remove thawed kolache from wrapper.
- 4. Place kolache on non-stick baking sheet.
- 5. Bake for 7 minutes or heated through.

# **Nutrition Facts**

1 serving per container
Serving size 112 q

Amount per serving

Calories 320

<u> </u>	<u> </u>
	% Daily Value *
Total Fat 18g	23%
Saturated Fat 6g	31%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 730mg	32%
Total Carbohydrate 27g	10%
Dietary Fiber 2g	8%
Total Sugars 6g	
Includes 4g Added St	ugars <b>8</b> %
Protein 14g	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 4.6mg	25%
Potassium 100mg	2%

 The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

## **INGREDIENTS:**

Sausage: chicken, beef, water, pasteurized cheddar cheese [(pasteurized milk, cheese cultures, salt, enzymes), water, cream, sodium phosphate, salt, sorbic acid, annatto coloring], contains less than 2% of salt, spices, black pepper, sodium phosphate, granulated garlic, corn syrup, dextrose, sodium erythorbate, sodium nitrate., Dough: Hard White Whole Grain Wheat Flour, Bleached Enriched Wheat Flour ((Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Water, Sugar, Whole Eggs, Soybean Oil, Yeast (Saccharomyces Cerevisiae, Emulsifier (Sorbitan Monostearate, Antioxidant (Ascorbic Acid), Butter [Sweet Cream, Salt], Whey (Milk), Salt, Bread Conditioner [Wheat Flour, Enzymes, Ascorbic acid, soybean Oil, Potassium iodate, L-cysteine, diacetyl tartaric acid esters of Mono & Dily Contains less than 2% of Soy Protein, Modified Cellulose, Salt, Soy Lecithin, Calcium Propionate, Acesulfame)

CONTAINS: WHEAT, EGG, MILK, SOY, CHEESE





