



K-12 RECIPE

KOLACHE

SMOKED SAUSAGE WITH CHEESE
BAKED INTO A SOFT, WHOLE
GRAIN SWEET ROLL

CHICKEN, BEEF
WITH CHEESE • 2 OZ.
1-M/M 1-GRAIN



KNOCKWURST BULK OR INDIVIDUALLY WRAPPED

ITEM:	80110 (Bulk) / 80112 (IW)
SIZE:	2 oz
PACK:	80 count
CASE WT:	10 LBS
PALLET TIE:	Tie 14, High 7
CASE DIMS:	14" x 10" x 8"
CASE CUBE:	0.865
SHELF LIFE:	365 days, frozen

HEATING INSTRUCTIONS

MICROWAVE

For best results, do not thaw.

1. Remove frozen kolache from wrapper.
2. for 1 Kolache, Microwave on high for 30 seconds. Add 30 seconds for each additional.

Microwaves vary, adjust accordingly.

OVEN

1. Refrigerate overnight to thaw.
2. Preheat oven to 325 degrees f.
3. Remove thawed kolache from wrapper.
4. Place kolache on non-stick baking sheet.
5. Bake for 7 minutes or heated through.

Nutrition Facts

1 serving per container	
Serving size	56 g
Amount per serving	
Calories	160
% Daily Value *	
Total Fat 9g	11%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 25mg	9%
Sodium 360mg	16%
Total Carbohydrate 13g	5%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2.3mg	15%
Potassium 50mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9	Carbohydrate 4 • Protein 4

INGREDIENTS:

Sausage: chicken, beef, water, pasteurized cheddar cheese [(pasteurized milk, cheese cultures, salt, enzymes), water, cream, sodium phosphate, salt, sorbic acid, annatto coloring], contains less than 2% of salt, spices, black pepper, sodium phosphate, granulated garlic, corn syrup, dextrose, sodium erythorbate, sodium nitrate., Dough: Hard White Whole Grain Wheat Flour, Bleached Enriched Wheat Flour ((Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Water, Sugar, Whole Eggs, Soybean Oil, Yeast (Saccharomyces Cerevisiae, Emulsifier (Sorbitan Monostearate, Antioxidant (Ascorbic Acid), Butter [Sweet Cream, Salt], Whey (Milk), Salt, Bread Conditioner [Wheat Flour, Enzymes, Ascorbic acid, soybean Oil, Potassium iodate, L-cysteine, diacetyl tartaric acid esters of Mono & Diglycerides, Sodium stearoyl lactylate], Contains less than 2% of Soy Protein, Modified Cellulose, Salt, Soy Lecithin, Calcium Propionate, Acesulfame)

CONTAINS: WHEAT, EGG, MILK, SOY, CHEESE



NO PORK

